

Welcome to the winter edition of the Boston Amateur Swimming Club's newsletter. I hope you find the information inside both useful and informative.

Once again, it has been a tough and challenging time financially for the club, not least because of the on-going wait for the re-opening of the training pool and the loss of revenue due to Sunday night lessons no longer being part of the club structure — details of which appear in my more in-depth chairman's summary on page two.

January's 2011 Open meet is more important than ever for raising funds for the club and I ask everyone to support it. We are now looking for sponsors. You may know someone who may be willing to sponsor the meet as a whole or the trophies that are awarded; there is also sponsorship available of the individual races. If you can help, please see a member of the executive committee or the fund-raising team. There are also various other aspects of the club that could also benefit from sponsorship.

Our new fund raising team have been very busy looking at ways to bring funds into the club. They have already been busy, with several events organised. Please support these and future events. If you would like to get involved or have any ideas about raising funds see any member of the team or the executive committee.

During the past swimming season, I have been impressed with all the coaching staff, teachers and helpers. Even with the reduced training facilities, the County Championships were another success and the Midland Championships were one of our best years ever. In this regard, it's well done to Ian and his team.

Finally I would like to take this opportunity to wish you all a pleasant Christmas and a prosperous New Year.

Peter Hockerston
Chairman

CHAIRMAN'S REPORT

It has now been 18 months since the training pool was closed and we are still waiting for the pool to be opened again and Leisure Connection to take over — the disappointing thing is that there seems to be no date at present as to when or if this will happen.

When we started back in September we lost our swimming lessons on Sunday nights this was due to Leisure Connection informing the club that they would have sole rights in taking learn to swim lessons from September. This has caused a substantial loss of revenue to the club.

Although Leisure Connection have still not taken over, it would have been very difficult to try to restart our lessons on a Sunday night. With most of the children from our swimming lessons now having a place in the borough swimming lessons.

This year the treasurer has had a very difficult job in trying to do the budget for the year ahead. The executive committee has had to make some difficult decisions.

- ❖ Squad fees have had to go up by more than we would have liked but this is now the main source of the club's income.
- ❖ We have had to make the decision that the buses supplied to league and cup galas would only be used if the distance to travel were in excess of 35 miles.
- ❖ Entry fees into the clubs open meet and club champs have also had to rise to cover costs.

As mentioned on the front page of this newsletter, January's 2011 Open meet (our sixth such annual event) is more important than ever for raising funds for the club and I ask everyone to support it. We are now looking for sponsors.

You may know someone who may be willing to sponsor the meet as a whole or the trophies that are awarded; there is also sponsorship available of the individual races. If you can help, please see a member of the executive committee or the fund-raising team. There are also various other aspects of the club that could also benefit from sponsorship.

I would like to take this opportunity to personally thank the organisers of the summer ball that was held in June this year and everyone that supported this event. The proceeds from the summer ball were given to the swimming club, which was very much appreciated.

I would like to thank all the members of the executive committee that have decided not to seek re-election for their help and support in the past, some having been on the exec for a long time.

There is one person that I would like to single out that is our treasurer Jo French. Jo has been the treasurer for eight years now and decided to stand down from the position. Jo has put many hours into this role. Once again Jo, thank you for the brilliant job you have done as treasurer of our club — not an easy job.

Again thank you to all that have helped with the running of the club this past year.

Peter Hockerston
Chairman

GOOD START TO THE NEW SEASON

In the Anglian League final held in September at Grantham, Boston A, St Ives, and West Norfolk went into the event on equal league points. It was St Ives and West Norfolk who made the better start and the Boston A team were in third place. It was not until the final eight races that Boston A took the lead and went on to win, retaining the trophy for the fifth year in a row. Boston B also had very good year in this league, finishing in fourth place on the night and fifth place overall.

In the Geoff Moulder Memorial trophy, once again the A team won the gala and it is now the 10th time we have won this trophy. Once again we had the B team swimming very well above themselves finishing in sixth place.

In the Fenland league, the A team did not make the A final and I thought they would win the B final easily, so it was bit of shock that Ely beat us. Then, as we failed to register a swimmer in earlier an round, we were deducted some points and we were demoted to third place. We finished in sixth place in the league. The B team finished third place in the C final and 14th overall in the league. We struggled all season, being unable to fill some races, therefore next season we will only have one team in the league.

The National Arena Swimming League, in which we compete in the East Midland district, saw us disappointed not to beat St Ives, although we did beat West Norfolk in the first round. The second round draw was not kind to us but the team selectors made few changes. I was so pleased on the night with the fight the swimmers showed and we could have finished in fourth place if we had not lost two swimmers to illness. Beating Lowestoft/Oulton Broads was good result as they beat us easily last season. In the next round we are again in the relegation gala at Deepings and it is sure to be an exciting gala. I hope swimmers are up for the challenge and that we do better than we did last season. I am confident we can win and stay in league one in 2011.

Championships

In August, Patrick Ikkena was our only swimmer at the National Championships. Patrick competed in the 50m freestyle and went one step further than last year by qualifying for the semi-final. Patrick was first reserve for the final missing out by 7/100ths of second. Patrick is now ranked in the top 20 in the country at this distance.

The Midland short course championship was held at Corby and Patrick Ikkena was the only swimmer to compete. He was just bit off form and failed to make finals. Reuben Reed qualified but did not swim.

Open Meets

The Leicester Open meet in October was great success for those who gained the qualifying time and was just what the swimmers needed early in the new season. Once again swimmers brought home lots of trophies. We return to Leicester this month, the focus being on the longer events and good competition so I want swimmers really firing on all cylinders gaining qualifying times for the District Championships next year. December is a busy month with older swimmers travelling to Leeds to swim their first meet of the season in a long course pool. Patrick Ikkena will be looking at gaining a British National time.

Continued on next page

From previous page

Boston Open Meet

The teams who mainly entered are Lincolnshire clubs, and this will be the last chance to gain County qualifying times. Just as important is raising funds for the club. If everybody just found one sponsor at £75 race that would be great help and help us keep squad fees down.

Entries for the County Championship need to be in early January, and Guy Dix has put together some information on how to enter. But this is each individual's responsibility.

On the subject of Open meets for the new year, we have already entered the Biggleswade and Thetford events. The club will go to Leicester the weekend before Easter as this will be the last chance age group qualifiers for Midland Age groups. While I am at the District Youth Championships, Sarah Goodale will be with swimmers at South Lincs open meet. This is good for younger swimmers.

I hope to be taking swimmers to Swansea in the middle of May. This has proved to be a good meet before at the Midland age groups level and swimmers can gain national qualifying times. However, with the club struggling on the financial side it will depend if the powers-that-be can afford to send me. The last open meet of the season will be July when we swim at Coventry level meet.

Finally, I would like to wish everybody a very Happy Christmas and a winning New Year in 2011.

Ian Wells

Club coach

CORRECT FEES?

Could all parents please ensure that they are paying the correct squad fees per month? As soon as a swimmer goes into another squad, the associated standing order should be amended to take this into account.

Thanks go to those who have paid their arrears so far. If you are unaware of how much you should be paying either check on the BASC website or contact the treasurer, Carol Spinks (carol.spinks1@btinternet.com).

TIME TRIALS ON THE HORIZON

Time Trials on Wednesday December 29 are just for Junior and Future Squad to gain experience before Boston Open Meet and a chance to gain County qualifying times. It is very important for swimmers who cannot swim at Boston Open meet, because they are too young but who will then be old enough to swim in the County Championships.

OPEN MEET SPNSORSHIP

Parents: please can you see if you can at least get a sponsorship for a race for our open meet in January? Information about our meet is now on the notice board.

MASTERS SECTION

The Masters section at Boston Swimming Club is going well, with approximately 35 swimmers — with an average of 15 on a Monday and 20 on Tuesdays and Thursdays.

October 10 saw the Carol Patch County Championship taking place. This was held at the Meridian Pool, Louth. It was very pleasing to see more entries, more than double the previous year's total.

Swimmers who took part from Boston were: Debbie Barnett, Archie Grant, Ben Marshall, Lewis Moses, Avril Porter, Steve Roberts, Nina Savoury Sarah Walters and Chris Willerton.

Well done to Ben Marshall who set a new county record in the 100 individual medley in a time of one minute 7.02 seconds.

Between them they achieved 14 gold medals, six silvers and five bronzes.

Lincoln Vulcans won with 122pts. There were a total of eight team entries. The Boston squad came sixth with 59pts, one place higher than last year.

Sunday November 21 saw the inter-counties event taking place at Stafford Leisure Centre. The following swimmers were selected: Ian Benton, Ben Marshall, Nina Savoury, Chris Willerton and Sam Wright.

Nina Savoury took second places in the 50m backstroke, 50m breaststroke and 50m front crawl; Ben Marshall was third in the 50m front crawl and fifth in the 50m butterfly; Chris Willerton was fourth in the 50m backstroke while Ian Benton came seventh in the 50m front crawl, 50m backstroke and 50m breaststroke. Well done to all who took part.

Sarah Goodale

Assistant coach

MASTERS SWIMMING

If you enjoy swimming for fitness or sport, the Masters section is probably what you are looking for. So why not come along and give it a try?

The Masters contingent swims Mondays from 9pm to 10pm, Tuesdays from 9pm to 10pm and Thursdays from 9pm to 10pm — all sessions all held in the leisure pool.

The last Masters training session before Christmas will be Thursday December 23. During the holidays, sessions will be held on Tuesday December 28 from 8pm to 9pm and on Thursday December 30 from 8pm to 9pm. Normal hours resume on Tuesday January 4.

For further details ring Sarah Goodale on Boston 358847

Sarah Goodale

Assistant coach

PRE-SQUAD

At the start of the season we sadly lost the widths facility and the teaching pool. However, having introduced a new squad structure — keeping as many swimmers as possible — this, which we named the ‘pre-squad’, has proved very successful. Although there were a few teething problems at the beginning, swimmers and teachers have now bedded in well with the new criteria.

We have introduced three groups – seals, dolphins and sharks. The minimum standard to join is 25m front crawl and 25m backstroke. We have an average 10 swimmers in seals, eight in dolphins and six in sharks. The pre-squad were also provided with more water time — half-an-hour on a Saturday morning and this continues to grow with an average of eight swimmers from all three groups.

The bronze and silver sessions continue to be very popular on Saturdays with an average of 12 swimmers.

However, due to swimmers being assessed on a regular basis and improving and moving up, we are becoming very thin on the ground in the lower squad. Due to this fact, we held a free open session where potential recruits could have a taste of sessions and be assessed and placed into the correct squad. There was, though, a disappointing turn out. Sadly, the younger swimmers who we wanted to target did not appear. However, I would like to run this again in the near future, targeting all primary schools in the area.

The club championships also saw not only bronze and silver members enter, but also the pre-squad. This proved very successful with many pre-squad members already becoming involved in competitive action at such an early age. I look forward to even more entries next year.

The last Sunday before Christmas is December 19, which will be a fun session and we will be returning on January 9, 2011. As you are all aware, this is the date for our open meet. However, I feel it is important for the pre-squad to continue and every group is covered.

Special thanks go to Pete Watson who has taught hundreds of swimmers for numerous years and helped them gain their water confidence in the teaching pool.

My thanks also go to all the teachers who give up their time voluntarily every week. This is very much appreciated. Their continued support is vital for the pre-squad to continue smoothly.

My thanks also go to Susan Holdeness who co-ordinates the door rota; and to Kay Saunston for selling the badges.

Sarah Goodale
Assistant coach

WINTER CLUB CHAMPIONSHIPS BAGCAT AWARDS & CERTIFICATES

All the BAGCAT awards and certificates will be given out on Sunday December 19 between 6.15pm and 7.00pm during training.

SPECIAL THANKS

I would like to thank Jo French for doing a fantastic job over the last eight years as treasurer. She has put lot of work into the club, including being involved in setting up our very first open meet. Sue Dix also steps down after being involved with the club for the last 16 years. Sue kept the club's waiting list and helped me poolside at Open meets and championships and is someone who I could always enjoy a pint with and help me understand non-league football! Pete Watson has been forced to hang up his trunks since Leisure Connections said we can no longer run swimming lessons. I'm not sure how long Pete taught in the learner pool, but think it is about 15 years, which takes us back to before I came to the club.

Thanks also go to Beth who runs Friday evening training which gives me an evening off every week. She also helps me Sunday evenings. Sarah also does a lot of fantastic work by looking after the pre-squad, silver squad. And she allows me to sometimes take juniors on a Wednesday evening — then, if I am good, I can also take them on a Sunday! Sarah and Beth cover Sundays when I'm away with competitions. So thanks to everyone in this short précis of the organisational help side to club activities.

Ian Wells
Club coach

ANNUAL GENERAL MEETING

Following the AGM in November I can confirm that the Executive Committee for the next year is as follows:

CHAIRMAN:	Pete Hockerston
VICE-CHAIRMAN:	Graham Yielding
SECRETARY:	Guy Dix
TREASURER:	Carol Spinks
MEMBERSHIP SECRETARY:	Susan Holderness
FIXTURE & CHAMPIONSHIP SECRETARY:	Jane Thorn
GALA & OFFICIALS SECRETARY:	Nigel Baxter
PUBLIC RELATIONS OFFICER:	vacant
MINUTE SECRETARY:	Lauren Mallett
FUND RAISING OFFICER:	Mark Blower
COMMITTEE MEMBERS:	Sharon Dean, Mark Keal, Dave Saunston, Nigel Hurley, Rachel Pettitt, Lesley McGarry & Jo French

Guy Dix
Secretary

PARENTAL HELP VITAL

We have new blood on the committee and we also have a new management committee. Please support them and the club, helping at galas and maybe becoming a qualified timekeeper and judge. Also, please help with fund-raising events; officials are undertaking these duties this for your children. Boston Amateur Swimming Club won't survive without parents helping to run the club.

Ian Wells
Club coach

COUNTY CHAMPIONSHIPS 2011

In 2011 the format for the County Championships is again slightly different to previous years. The 1500m and 800m, at the time of writing, may be amended from the originally advertised programme due to the ASA now deciding that these events will revert back to how they were a few years ago in that boys tackle the 1500m only and girls do the 800m only.

Details will be placed on the noticeboard confirming the position and also the plan to collect the entries on Monday December 13 as the scheduled closing date for these two events is December 18 so please look at the board and speak to Ian.

The three main galas are being held in March and are being swum at Louth (first and third gala) and at Grantham. All licensed officials will receive an invitation to officiate at all three galas and we hope that as many of you as possible do offer to officiate, as without officials the County Championships cannot take place so please help if you can. The closing date for the main championships is January 15, as usual we shall be asking you to complete the entries yourselves.

There is an entry form in the newsletter or you can download one from the Lincs ASA website. This needs to be completed in full with your entry time for each event, please note that the time must have been achieved after June 30, 2010 and the date, place and time are needed on the entry form. You can obtain your times from our website and you just need to put in your name and date of birth (dd/mm/yyyy), when you first access your times you see your PB in each event, remember that your PB may not have been achieved since June 30 so you will need to double click on the time to obtain your other times in that event.

Guy Dix will be at the Pool on Monday January 10 6.00pm to 8.00pm, Tuesday January 11, 5.30pm to 7.30pm and Wednesday January 13, 5.30pm to 7.00pm to collect and check the entries, please note that cheques should be made payable to BASC as usual for all Open Meets plus the levy of £5.

Please be aware that times achieved at our Open meet can be used, however the times may not be on the website so we shall place a full set of results on the club notice board. If you have any queries on the County Championships and what events to enter or have difficulty accessing your times then please speak to Ian or Sarah.

BOSTON OPEN MEET

The Boston Open meet will take place over the weekend of January 8 and 9, 2011 at the Meres Leisure Centre, Grantham. Arrangements are now well in hand for what will be our sixth Open meet. Details of help needed to run this event are being posted on the notice board.

If you are able to help, then please let us know either by marking the notice or speaking to Nigel Baxter (our new gala and officials secretary), Pete Hockerston, Susan Holderness or Guy Dix. All help will be gratefully accepted whether it is for one session, two, three or all four. The morning session on both days has warm up at 9.00am, though helpers will need to be there around 8.30am and both days will end at around 5.30pm.

BOSTON SWIMMING CLUB
TRAINING TIMES
OVER THE FESTIVE PERIOD

FRIDAY DECEMBER 24

7am-8.30am, FUTURE/DEV/PERF/SENIORS

CHRISTMAS DAY, BOXING DAY AND DECEMBER 27

NO TRAINING

TUESDAY DECEMBER 28

5.30am-7.30am, BACKSTROKE MORNING

4.30pm-5.30pm, DEVELOPMENT

5.30pm-7.00pm, PERFORMANCE

7.00pm-8.00pm, SENIORS

8.00pm-9.00pm, MASTER

WEDNESDAY DECEMBER 29

6.00am-7.30am, DEV/PERF/SENIORS

4.30pm-6.30pm, TIME TRIALS FOR JUNIORS AND FUTURE ONLY

6.30pm-7.30pm, PERFORMANCE

7.30pm-8.30pm, SENIORS

THURSDAY DECEMBER 30

5.30am-7.30am, BREAST/FLY MORNING

4.30pm-5.30pm, DEVELOPMENT

5.30pm-7.00pm, PERFORMANCE

7.00pm-8.00pm, SENIORS

8.00pm-9.00pm, MASTERS

FRIDAY DECEMBER 31

7.00am-8.30am, FUTURE/DEV/PERF/SENIORS

SATURDAY JANUARY 1, 2011

NO TRAINING

SUNDAY JANUARY 2

2.00pm-3.00pm, FUTURE

3.00pm-4.00pm, DEVELOPMENT

2.00pm-4.00pm, PERFORMANCE

MONDAY JANUARY 3

2.00pm-3.00pm, FUTURE/ DEVELOPMENT/SENIORS

3.00pm-5.00pm, PERFORMANCE AND DEEPINGS

TUESDAY JANUARY 4

TRAINING BACK AS NORMAL

Fixture list for 2010-11 season

January

Sat	01-Jan	
Sun	02-Jan	
Sat	08-Jan	Boston Open Meet
Sun	09-Jan	Boston Open Meet
Sat	15-Jan	
Sun	16-Jan	
Sat	22-Jan	Biggleswade Open Meet
Sun	23-Jan	Biggleswade Open Meet
Sat	29-Jan	Midland Zonal Champs
Sun	30-Jan	Midland Zonal Champs

February

Sat	05-Feb	Fenland League: 9, 10, 11, 12, 13 yrs
Sun	06-Feb	Thetford Open Meet
Sat	12-Feb	Anglian League: 13, 15yrs, open
Sat	12-Feb	County Long Dist 1500 (Grantham)
Sun	13-Feb	
Sat	19-Feb	County Long Dist 800 (Deepings)
Sat	26-Feb	

March

Sat	05-Mar	Primary Schools Gala
Sun	06-Mar	
Sat	12-Mar	County Championships (Louth)
Sun	13-Mar	
Sat	19-Mar	County Championships (Grantham)
Sun	20-Mar	
Sat	26-Mar	County Championships (Louth)

April

Sat	02-Apr	Fenland League: 9,10,11,12,13yrs
Sun	03-Apr	
Sat	09-Apr	
Sun	10-Apr	
Fri	15-Apr	City of Leicester Open Meet
Sat	16-Apr	Anglian League: 13, 15yrs, open
Sat	16-Apr	City of Leicester Open Meet
Sun	17-Apr	City of Leicester Open Meet
Sat	23-Apr	
Sat	30-Apr	Midland Youth Champs
Sat	30-Apr	Spalding Open Meet

May

Sun	01-May	Midland Youth Champs
Sun	01-May	Spalding Open Meet
Sat	07-May	
Fri	13-May	Swansea Open Meet Level 1
Sat	14-May	Swansea Open Meet Level 1
Sun	15-May	Swansea Open Meet Level 1
Sat	21-May	
Sat	28-May	

June

Sat	04-Jun	Midland Age Groups
Sun	05-Jun	Midland Age Groups

Sat	11-Jun	Fenland League: 9, 10, 11, 12, 13 yrs
Sat	11-Jun	Midland Age Groups
Sun	12-Jun	Midland Age Groups
Sat	18-Jun	Wisbech Gala: 9, 10, 12, 14 yrs
Sat	25-Jun	Anglian League: 13, 15yrs, open
Sun	26-Jun	

July

Sat	02-Jul	Summer Club Champs
Sun	03-Jul	Summer Club Champs
Sat	09-Jul	Fenland League: 9, 10, 11, 12, 13 yrs
Sat	09-Jul	Coventry B Grade Open Meet
Sat	16-Jul	Long Distance Club Champs
Sun	17-Jul	
Thur	21 Jul to....	National Age Groups
Mon	25-Jul	National Age Groups
Wed	27-Jul to..	National Youth Champs
Sun	31-Jul	National Youth Champs

August *No fixtures*

September

Sat	10-Sep	Fenland League: 9, 10, 11, 12, 13 yrs
Sun	11-Sep	
Sat	17-Sep	
Sat	24-Sep	Anglian League: 13, 15 yrs, open

October

Sat	01-Oct	Wellingborough C grd Gala 9, 11, 13, 15 yrs
Sat	01-Oct	Leicester Penguins Open Meet
Sun	02-Oct	Leicester Penguins Open Meet
Sat	08-Oct	East Midlands Lge: 11, 13, 15 Open
Sun	09-Oct	County Masters
Sat	15-Oct	Fenland League Finals
Sun	16-Oct	
Sat	22-Oct	Winter Club Champs
Sun	23-Oct	Winter Club Champs
Fri	28-Oct	Winter Club Champs
Sat	29-Oct	Winter Club Champs
Sun	30-Oct	Winter Club Champs

November

Sat	05-Nov	
Sun	06-Nov	
Sat	12-Nov	East Midlands Lge: 11, 13, 15 Open
Sat	19-Nov	Whittlesey Junior Gala
Fri	25-Nov	<i>Leicester Open Meet</i>
Sat	26-Nov	<i>Leicester Open Meet</i>
Sun	27-Nov	<i>Leicester Open Meet</i>

December

Sat	03-Dec	Geoff Moulder Memorial Gala
Sat	03-Dec	Midland Short Course
Sun	04-Dec	Midland Short Course
Sat	10-Dec	East Midlands Lge: 11, 13, 15 Open
Sat	17-Dec	Leeds Open Meet
Sun	18-Dec	Leeds Open Meet

**60TH ANNUAL COUNTY CHAMPIONSHIPS
AND AGE GROUPS COMPETITIONS 2011**
(under ASA Laws and ASA Technical rules)
General conditions and information

●	All Competitors must be Registered with the ASA as Category 2 swimmers, for the Club in whose name they wish to enter by the closing date for the entries (15 th January 2011).	
●	There are separate events and consideration times for all age groups, i.e. 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs and 16yrs and over.	
●	All ages are as on 26 th March 2011.	
●	Ages for Junior Championships are: Boys 14yrs & younger, and Girls 13yrs & younger on 26/3/2011.	
●	All events will be swum as one combined event with swimmers seeded on submitted times.	
●	In the 50m freestyle events there will be a SKINS Finals (Senior & Junior) for the fastest 8 swimmers – see separate conditions sheet for these finals.	
●	There will be a Championship Final for all 100m events.	
●	In 100m events the fastest three swimmers from the final and the three fastest juniors will receive Championship medals. Any swimmer withdrawing from a final will forfeit the right to any Championship award in that event.	
●	In all 200m events the three fastest swimmers and the three fastest juniors will be awarded Championship medals.	
●	In all 50m, 400m, 800m and 1500m events the fastest three swimmers will be awarded Championship medals.	
●	The winners of each Championship will receive the perpetual trophy (where such a trophy exists) for one year.	
●	In each age Group for boys 9yrs to 14yrs and girls 9yrs to 13yrs awards will be made to the top 6 swimmers using the FINA Points Tables. Awards will only be given to swimmers who enter and swim either 3 of 4, or 4 of 5 events, dependant on age, to include a 50m, 200m and IM event.	
●	For all age groups the first three placed swimmers in each event will receive an age group medal.	
●	The Honorary Championships and Age Group Secretary reserves the right to alter the order of events.	
●	Any entry which fails to comply with any special or general condition governing a Lincolnshire County ASA Competition will not be accepted. Any fee paid will be forfeit.	
●	Time Trials will not be permitted during these Championships.	
●	THE PROMOTER RESERVES THE RIGHT TO LIMIT ENTRIES. In particular numbers of entries for the 800m & 1500m freestyle events may be restricted. Should this be necessary entries furthest away from a District Consideration Time will be rejected. Reserves will be notified.	
●	Entries for the 800m and 1500m freestyle events must be submitted on a separate form with a closing date of Saturday 18 th December 2010.	
●	The Closing date for entries (other than the 800m and 1500m freestyle events) is Saturday 15 th January 2011.	
●	Entries to:	Sheila Smith, 48 Rudgard Avenue, Cherry Willingham, Lincoln LN3 4JG. Tel: 01522 808129
●	Where an event is swum jointly with another County ASA the conditions of the host County will, where necessary, take precedence over these conditions.	
●	LATE OR INCORRECT OR INCOMPLETE ENTRIES WILL NOT BE ACCEPTED UNDER ANY CIRCUMSTANCES.	

LINCOLNSHIRE COUNTY AMATEUR SWIMMING ASSOCIATION
CONSIDERATION TIMES 2011
(Times to be achieved after 30/6/2010)

BOYS	9YRS	10YRS	11YRS	12YRS	13YRS	14YRS	15YRS	16+YRS
50m Free	42.8	39.3	35.8	33.8	32.0	30.6	29.3	28.0
100m Free	XXXXXX	XXXXXX	XXXXXX	1.16.0	1.11.0	1.07.0	1.05.5	1.01.0
200m Free	3.38.0	3.09.0	2.53.0	2.42.0	2.31.0	2.24.0	2.20.0	2.17.0
400m Free	6.50.0	6.25.0	5.56.0	5.28.0	5.12.0	4.55.0	4.55.0	4.46.0
800m Free	XXXXXX	XXXXXX	11.40.0	11.20.0	10.45.0	10.20.0	10.10.0	10.00.0
1500m Free	XXXXXX	XXXXXX	21.20.0	21.00.0	20.10.0	19.40.0	19.20.0	19.00.0
50m Back	51.5	45.5	42.2	40.3	37.9	36.6	35.6	35.0
100m Back	XXXXXX	XXXXXX	XXXXXX	1.27.4	1.23.6	1.17.7	1.17.0	1.12.5
200m Back	3.53.0	3.28.0	3.12.0	3.03.0	2.53.0	2.46.0	2.43.0	2.36.0
50m Breast	57.7	53.0	48.9	45.8	43.0	41.5	40.3	37.8
100m Breast	XXXXXX	XXXXXX	XXXXXX	1.39.0	1.34.0	1.30.0	1.26.4	1.23.5
200m Breast	4.23.0	3.55.5	3.42.0	3.31.0	3.17.0	3.07.5	3.04.0	3.01.0
50m Fly	57.8	49.2	44.4	41.0	38.5	35.0	34.0	31.5
100m Fly	XXXXXX	XXXXXX	XXXXXX	1.38.0	1.30.2	1.24.5	1.19.8	1.13.4
200m Fly	5.20.0	4.20.0	4.00.0	3.25.0	3.10.0	3.10.0	3.05.0	2.54.0
100m IM	1.55.4	1.44.0	1.35.7	1.28.5	1.22.8	1.18.2	1.17.0	1.13.0
200m IM	4.07.0	3.36.0	3.19.0	3.05.0	2.50.0	2.46.0	2.42.0	2.35.5
400m IM	6.56.0	6.56.0	6.45.0	6.20.0	5.55.0	5.50.0	5.45.0	5.30.0

GIRLS	9YRS	10YRS	11YRS	12YRS	13YRS	14YRS	15YRS	16+YRS
50m Free	44.2	39.5	36.2	34.2	33.6	32.8	32.8	32.0
100m Free	XXXXX	XXXXX	1.21.3	1.17.0	1.13.5	1.11.4	1.11.2	1.10.5
200m Free	3.40.0	3.12.0	2.55.0	2.42.0	2.36.0	2.34.0	2.33.0	2.31.5
400m Free	6.58.0	6.43.0	6.00.0	5.42.0	5.26.0	5.17.0	5.17.0	5.13.0
800m Free	XXXXX	12.30.0	12.10.0	11.30.0	11.05.0	10.50.0	10.50.0	10.40.0
1500m Free	XXXXX	24.30.0	23.50.0	22.15.0	21.20.0	20.40.0	20.40.0	20.20.0
50m Back	50.5	46.0	42.5	41.0	39.0	38.7	38.7	38.5
100m Back	XXXXX	XXXXX	1.33.2	1.28.0	1.24.5	1.22.2	1.22.2	1.21.0
200m Back	3.55.5	3.30.0	3.10.0	3.02.0	2.55.0	2.52.2	2.52.0	2.51.5
50m Breast	57.5	52.5	48.0	46.0	44.2	43.7	43.7	43.0
100m Breast	XXXXX	XXXXX	1.45.2	1.40.0	1.36.0	1.35.0	1.35.0	1.32.5
200m Breast	4.20.0	3.56.0	3.37.5	3.28.0	3.21.5	3.21.0	3.21.0	3.20.0
50m Fly	55.7	49.8	43.8	41.2	39.0	37.9	37.5	36.8
100m Fly	XXXXX	XXXXX	1.44.5	1.38.0	1.32.2	1.28.4	1.26.5	1.26.0
200m Fly	5.20.0	4.40.0	3.45.0	3.30.0	3.25.0	3.20.0	3.10.0	3.10.0
100m IM	1.55.0	1.42.5	1.33.5	1.28.5	1.25.0	1.24.0	1.22.7	1.20.5
200m IM	3.58.0	3.37.5	3.17.5	3.06.0	2.58.0	2.55.2	2.54.0	2.50.0
400m IM	6.56.0	6.56.0	6.28.0	6.15.0	6.15.0	6.15.0	6.13.0	6.08.0

**LINCOLNSHIRE COUNTY AMATEUR SWIMMING ASSOCIATION
CONSIDERATION TIMES 2011
(Times to be achieved after 30/6/2010)**

Supplementary Conditions (Disability Swimming)

It is intended to open the County Age Group Championships in 2011 to competitors who have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

The general conditions for the Championships shall apply except where varied by any of the following conditions:

The Events (Male & Female)

- 50m and 100m Freestyle S1-S14
- 200m Freestyle S1-S14
- 400m Freestyle S6-S14
- 50m Backstroke S1-S14
- 100m Backstroke S6-S14
- 50m Breaststroke SB1-SB9 & SB11-SB14
- 100m Breaststroke SB4-SB9 & SB11-SB14
- 50m Butterfly S1-S14
- 100m Butterfly S8-S14
- 100m Individual Medley SM5-SM14
- 200m Individual Medley SM5-SM14

>	All Competitors must hold a current Functional Ability Card (FAC) at the time of entry.
---	---

>	There will be no minimum Consideration times – however times must be submitted and these should be certified correct by the club coach.
>	All classes of swimmers will swim together.
>	Functional Ability Cards (FACs) must be submitted to the Recording Desk prior to the start of the session with the athletes’ first event. No further submission is required following this. Failure to do so will result in the swimmer being unable to race.

COUNTY CHAMPIONSHIPS CONSIDERATION TIMES KEY:

- ❖ All events will be included in BAGCAT points totals
- ❖ XXXXX means there is no event for this age group
- ❖ All times refer to a 25m pool. All ages are as at March 26, 2011
- ❖ Entries may be rejected if events are oversubscribed as per the championship conditions

**LINCOLNSHIRE COUNTY AMATEUR SWIMMING ASSOCIATION
2011 CHAMPIONSHIPS AND AGE GROUP COMPETITIONS
(under ASA Laws and ASA Technical rules)**

Please Use BLOCK LETTERS

ASA REGISTRATION NUMBER							
-------------------------	--	--	--	--	--	--	--

(See competition condition 3)

Full Name:	Date of Birth:
Club:	Age on 26 th March 2011
Address:	Male/Female
	Tel No:
	Post Code

TIMES TO BE ACHIEVED AFTER 30th JUNE 2010

Entry will be based on Consideration Times and may be limited at the discretion of the promoter.

Please convert all times to 25metres using the ASA Equivalent Performance Tables.

	EVENT	TIME Converted to 25m	"Split Time" Y/N	OCCASION AND VENUE	DATE
1	50m Freestyle				
2	100m Freestyle				
3	200m Freestyle				
4	400m Freestyle				
5	50m Backstroke				
6	100m Backstroke				
7	200m Backstroke				
8	50m Breaststroke				
9	100m Breaststroke				

10	200m Breaststroke				
11	50m Butterfly				
12	100m Butterfly				
13	200m Butterfly				
14	100m Ind Medley				
15	200m Ind Medley				
16	400m Ind Medley				

I hereby declare that the above particulars are correct and that I will abide by the conditions laid down by the Lincolnshire County ASA for this competition.	
Signature of Competitor _____	Date _____
Certified Correct _____	Club Secretary _____

Send the completed form, together with the entry fee of £4.00 per event to the address below.
Cheques payable to Lincolnshire County ASA.

Sheila Smith, 48 Rudgard Avenue, Cherry Willingham, Lincoln, LN3 4JG.

CLOSING DATE FOR ENTRIES 10.00pm SATURDAY JANUARY 15th 2011
LATE OR INCORRECT OR INCOMPLETE ENTRIES WILL NOT BE ACCEPTED.